

Mini Burgers with mustard horseradish sauce

Judy Gilliard "JUDY a la carte"

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Servings: 8

2 pounds ground sirloin

salt and pepper

8 dinner rolls

olive oil spray

1/2 cup dijon mustard

*2 tablespoons horseradish,
prepared*

1/2 cup mayonnaise, real

8 slices dill pickle slice

Divide ground sirloin into 8 piece and pat out to little burgers, salt and pepper each side and cook on a grill until desired temperature.

Stray both side of dinner rolls with olive oil spray and grill. Mix mustard horseradish and mayonnaise together.

Place burgers on the buns and top with mustard sauce and dill pickle

Per Serving (excluding unknown items): 463 Calories; 34g Fat (65.2% calories from fat); 25g Protein; 16g Carbohydrate; 1g Dietary Fiber; 83mg Cholesterol; 583mg Sodium. Exchanges: 1 Grain(Starch); 3 Lean Meat; 0 Vegetable; 3 1/2 Fat; 0 Other Carbohydrates.
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