



Member Specials March

Open Harvest Cooperative Grocery

1618 South St. Lincoln, NE 68502

402.475.9069 | www.openharvest.coop

Grocery

Back to Nature	10.5 oz	Harbor Blend Nut Bar	\$5.49
Back to Nature	9.5 oz	Red Rocks Blend Nut Bar	\$5.49
Back to Nature	10 oz	Marthas Vineyard Nut Bar	\$5.49
Back to Nature	10.5 oz	Cashew, Almond, Pistacio Mix	\$1.39
Clif	2.4 oz	Builder Bars	89¢
Earth's Best	4 oz	Organic Sweet Potatoes	\$4.49
Food for Life	16 oz	Organic 4:9 Ezekiel Cereals	\$2.49
Food Merchants	18 oz	Organic Polentas	\$3.29
Gluten Free Pantry	15 oz	Gluten Free Baking Mixes	\$3.29
Glutino	125 gm	Gluten Free Crackers	\$5.29
Maria's	12 pack	Whole Wheat Tortillas	59¢
Newman's Own	.75 oz	Mint Rolls	59¢
Newman's Own	.75 oz	Organic Peppermints	59¢
Newman's Own	.75 oz	Organic Wintergreen Mints	\$1.99
Organic Planet	8 oz	Organic Soba Noodles	\$4.99
Ancient Harvest	18 oz	Organic Quinoa Flour	\$4.29
Ancient Harvest	12 oz	Organic Quinoa Flakes	\$2.49
Road's End	6 oz	Organic Dairy Free Mac & Cheese	\$1.89

Refrigerated Foods

Prairieland Milk	1 gallon	All Prairieland Gallon Milks	\$3.25
Earth Balance	13 oz	Organic Buttery Spread	\$3.79
Earth Balance	15 oz	Soy Free Buttery Spread	\$3.79
Nancy's	16 oz	Organic Low Fat Cottage Cheese	\$3.59
Organic Valley	8 oz	Organic Shredded Cheeses	\$4.59
Sambazon	32 oz	Organic Acai Juice	\$6.99
Sambazon	32 oz	Antioxidant Trinity Acai Juice	\$6.99
Yves	6 oz	Veggie Bacon	\$2.99
Yves	12 oz	Veggie Ground Round	\$2.99
Yves	8 oz	Veggie Breakfast Patties	\$2.99

Produce

Organic Bananas
Organic Curly Kale

Produce of Ecuador
Produce of USA

Frozen

Field Roast	12.95 oz	Vegan Sausages	\$4.79
Field Roast	1lb	Classic Meatloaf	\$5.99
Amy's	8 oz	Organic Mexican Tamale Pie	\$2.99
Amy's	8 oz	Organic Shepard's Pie	\$2.99
Amy's	8 oz	Non Dairy Rice Mac & Cheese	\$3.59
Amy's	9 oz	Organic Rice Mac & Cheese	\$3.29
Amy's	9 oz	Gluten Free Cheese Enchiladas	\$3.59
Amy's	9.5 oz	Organic Black Bean Enchiladas	\$3.59
Amy's	10 oz	Organic Santa Fe Enchilada Bowl	\$4.29
Amy's	12 oz	Organic Cheese Pizza Gluten Free	\$8.79
Amy's	9.5 oz	Organic Thai Stir Fry Gluten Free	\$4.29
Amy's	9.5 oz	Organic Teriyaki Bowl	\$4.29
Amy's	9 oz	Organic Brown Rice Bowl	\$4.29
Amy's	9.5 oz	Organic Tortilla Casserole	\$4.29
Amy's	10 oz	Organic Brown Rice Bowl Low Sodium	\$4.29
Amy's	11 oz	Organic Chocolate Cake Gluten Free	\$5.29
Amy's	5.5 oz	Organic Bean & Rice Burrito	\$2.59
Amy's	5.5 oz	Organic Bean & Cheese Burrito	\$2.59
Cascadian Farms	9 oz	Organic Cut Asparagus	\$3.29
Cascadian Farms	10 oz	Organic Cut Spinach	\$2.49
Sambazon	14.11 oz	Organic Acai Juice	\$4.99
Rudi's	20 oz	Organic Spelt Bread	\$3.99

Supplements

Amazing Grass	8 g	Packets of Greens	\$1.19
Amazing Grass	8.5 oz	Green Powder	\$19.99
Schiff	120 Gels	Super Calcium 1200	\$9.99
Yerba	12 oz	Psyllium Whole Husks	\$8.49
Yerba	180 Caps	Psyllium Husk Caps	\$9.49
Yerba	16 oz	Great Plains Bentonit	\$8.49

Body Care

Alba	6 oz	Acnedote Deep Pore Wash	\$6.99
Alba	8 oz	Acnedote Face & Body Scrub	\$6.99
Alba	2 oz	Acnedote Oil Control Lotion	\$10.49
Alba	6 oz	Acnedote Deep Clean Astringent	\$6.99
Alba	.5 oz	Acnedote Invisible Treatment	\$6.99
EcoDent	2 oz	Extrabrite Toothwhitener Flordide Free	\$5.49
EcoDent	2 oz	Daily Care Mint Toothpowder	\$4.49
EcoDent	2 oz	Daily Care Cinnoman Toothpowder	\$4.49